Manitoba Poison Centre

Expert poison advice 24 hours a day. Supporting all of Manitoba.

Plant Safety

The Manitoba Poison Centre receives many calls about children who have touched or eaten a plant.

If your child eats or touches a plant, berry, seed, bulb or wild mushroom that you think may be poisonous, call us immediately. When you call the poison centre, be prepared to give the following information:

- · Any symptoms of illness your child displays.
- Name of plant (if you know it). The Specialists at the Centre are Specialists in Poison Information, they are not plant specialists. They cannot identify plants over the phone.
- How much and what parts were eaten?
- When/how long ago did this happen?
- The child's age.

The Poison Specialist will tell you what to do and what symptoms to watch for. Children can react differently to the same plant. Helpful hints to prevent a plant poisoning:

- To be safe, keep all plants, berries, seeds, and bulbs out of reach of young children.
- Of course this is not always possible, especially outdoors, so teach your child to stay away from plants and not to eat any non-food items!
- Make sure you and your child's caregivers know the names of all plants and trees inside and outside your home, just in case.
- It's a good idea to leave the tags on all items you bring home from a plant nursery. If you don't know the names, an expert from a plant nursery may be able to help you identify the plant and give you a tag to place near your plant.

Be careful:

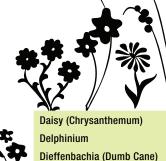
- Do not assume that a plant is safe for people just because birds or wildlife eat it.
- Jewelry, crafts and maracas, especially those purchased outside of Canada, may contain poisonous seeds.
- Do not suck nectar from flowers or make tea from flowers or leaves.
- Cactus plants can cause skin to be irritated and should be kept away from children.

Poisonous Plants

The following plants are known to be poisonous to humans.

- Some of these plants will not cause serious poisoning unless a large amount is eaten.
- Seeds or pits from apples, apricots, cherries, nectarines and peaches are poisonous, but only if eaten in large amounts. Accidentally swallowing a few seeds will not cause illness.
- Remember, a young child may choke on any plant.
- This is not a complete list of all poisonous plants.

If any of these poisonous plants are eaten, call the Manitoba Poison Centre right away:



Dumb Cane

English Ivy

Eucalyptus

Euonymus

Foxglove

Gladiola

Hyacinth

Hydrangea

Horse Chestnut

Jack-in-the-Pulpit

Jerusalem Cherry

Lily-of-the-Valley

Jequirity Bean

Jimson Weed

Larkspur

Lobelia

Lupine

Marijuana

Milkweed

Holly

Iris

Elephant's Ear

Mistletoe Monkshood Morning Glory Mother-in-law Plant Mother-in-law's Tongue Plant Narcissus Nightshade Oleander Peony Periwinkle (Vinca) Philodendron Poison Ivy Poison Oak Pokeweed Potato (all green parts) Pothos Rhododendron Rhubarb Leaves **Rosary Bean Snake Berry** Snow on the Mountain Star of Bethlehem St. John's Wort Tobacco Tomato (plant & unripe fruit) Virginia Creeper Water Hemlock Wisteria

Yew



Angel's Trumpet Arrowhead vine **Autumn Crocus** Azalea Bittersweet Black Locust Boston Ivy Caladium Calla Lily **Castor Bean Chinese Lantern Plant** Clematis Cotoneaster Crocus, Autumn Croton Cyclamen

Daffodil

1 855 776 4766

Manitoba Centre Poison Anti-Poison Centre du Manitoba

Non Poisonous Plants

The plants listed on the right are considered non poisonous to humans.

- A person is not likely to get ill from these plants, but certain people may have an unusual reaction.
- Remember that a young child may choke on any plant.
- Although these plants are not poisonous to humans, some of these plants may be harmful to pets. Call your Veterinarian for more information.
- This is not a complete list of all non poisonous plants.

First Aid

What to do if a child EATS a poisonous plant:

If a child puts a plant in his or her mouth, do not taste the plant yourself to check if it is poisonous.

If a child is choking, unconscious, or having trouble breathing or swallowing, you should:

• Call 911 right away.

If the child appears well, you should:

- Look for pieces of the plant in their mouth.
- · Remove any pieces of the plant that you can see.
- · Give small sips of water.
- Do not try to make the child throw up.
- Call the Manitoba Poison Centre.

What to do if a child TOUCHES a poisonous plant:

Some plants may cause skin irritation, itching, a rash or blisters.

- Wash the skin immediately with lots of soap and lukewarm water.
- Call the Manitoba Poison Centre.

Mushroom Safety

Poisonous and non poisonous mushrooms grow side by side. Only a mushroom expert, called a mycologist, can tell the difference. It is dangerous to eat any mushroom that you have found outdoors. Cooking outdoor mushrooms does NOT make them safe to eat.

Please note:

- Eating even small parts of some mushrooms can cause sickness and death.
- After eating a poisonous mushroom, a person may not become ill for many hours.
- Do not wait until the person feels sick to call the Manitoba Poison Centre.

Helpful hints to prevent mushroom poisoning:

- Remove and throw away all mushrooms growing near your home.
- Check your lawn for mushrooms before children go outdoors to play, especially after a rainfall.

African Violet Alyssum Asparagus Fern Astilbe Baby's Breath * Baby's Tears **Bachelors Buttons** Black-eyed Susan * **Boston Fern Chinese Evergreen Christmas Cactus** Coleus * **Coral Bells** Cosmos Crocus (spring blooming only) Dahlia * Dandelion Daylily * Dracaena Easter Lily **Evening Primrose** Ficus Benjamina * Freesia Fuchsia

* These plants may cause skin irritation or allergic reactions.

 This plant may cause skin irritation and mild nausea or vomiting. Gardenia * Gloxinia **Grape Hyacinth** Hens and Chicks Hibiscus * Hollyhock Honey Locust Hoya Impatiens Jade Plant Maple (seeds and young leaves) Marigold * Money Plant Mountain Ash Mulberry Peperomia **Persian Violet** Petunia Phlox Poinsettia ** **Polka-dot Plant** Portulaca **Prayer Plant** Primrose * **Purple Coneflower** Rose * **Rubber Plant*** Schefflera * Snapdragon **Spider Plant** Spiraea Statice * Tulip * Wandering Jew * Weeping Fig * Weigela Yucca Zinnia

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